

HEALTH SERVICES

- Indigenous Medical Clinic
- Acupuncture
- Massage
- Herbal Medicine
- Nutritional Consulting
- Addictions Support
- Recovery Meetings
- Footcare Services
- Health Support Circle
- Health Education



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INDIGENOUS HEALTH SERVICES



VICTORIA NATIVE
FRIENDSHIP CENTRE

*Celebrating 45 years
of dedicated service
to Greater Victoria
Communities*

SUPPORT PROGRAMS

We are available to help Indigenous people living in the southern Vancouver Island, or those accessing health services of the Island Health Authority - South Island.

HEALTH SUPPORT WORKERS

We Can Help With:

- Accessing health services to improve or maintain your health or the health of a family member
- Advocating on your behalf within the health system - doctors, nurses, social workers and other health care professionals
- Accessing Federal Non-Insured Health Benefits funding for services, equipment and medications
- Transportation to appointments for those with mobility issues
- Information sharing and education on health issues and concerns
- Workshops on relevant health topics



ADDICTIONS SUPPORT WORKERS

We Can Help With:

- One on one and group support for addictions issues
- Ongoing support in all stages of change
- Support and referral services
- Acting as a liaison with various community services
- Education on addiction awareness and options
- Knowledge of the impacts and effects of Residential School
- Minimal six visits prior to referral to a Residential Treatment Centre



MENTAL HEALTH LIAISON

The Mental Health Liaison is available to everyone, in your home or community.

We Can Help With:

- Community awareness on mental health
- Materials for education on mental health
- Referrals to appropriate care providers
- Advocacy in dealing with representatives in the mental health system

INDIGENOUS MEDICAL CLINIC

The clinic provides Physician and Nurse Practitioner services to Indigenous people on the South Island by appointment. Call 250-940-2669

