

Cultural

Group connections

Play groups

Parents craft groups

Culture/educational
connections



The Aboriginal Infant Development Program

is a free, voluntary and family centered support service. We provide support to families living in their home communities of the South Vancouver Island region, which includes the ten local First Nations

(Malahat, Tseycum, Tsawout, Tsartlip, Pauquachin, Sc'ianew, T'sou-ke, Pacheedaht, Songhees and Esquimalt First Nations), as well as the Métis and Urban Aboriginal communities.



The Aboriginal Infant Development Program works in partnership with your family.

Your AIDP Consultant will visit you in your home or wherever you feel most comfortable to:

- Plan fun and engaging activities together to build on your child's strengths
- Provide parenting support
- Provide developmental screenings and assessments for your child if you choose
- With your permission, we can get extra support for your child in areas such as
 - speech and language, motor skills, feeding, hearing, vision, stress and anxiety as needed.

Giving Thanks

We give thanks to Songhees First Nation and Esquimalt whose land our office is located.

We give thanks to all the families we work with, we admire your courage, love and passion for your children.

We give thanks to the Coast Salish people for allowing us to live and work on the beautiful land.

South Vancouver Island Aboriginal Infant Development Program



Victoria Native Friendship Centre

231 Regina Ave

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Every child is a unique gift from the Creator. The Mission of the Aboriginal Infant Development Programs is to honour this gift by Supporting the development of Aboriginal children within the context of the family, community, and culture and by offering access to culturally-appropriate early intervention and prevention support programs.



Breast Feeding

Human milk is a traditional first food.

Sometimes breastfeeding is hard.

We can help with:

- ⇒ Breastfeeding difficulties
- ⇒ Expressing milk
- ⇒ Teaching a baby to breastfeed after a NICU stay
- ⇒ Bottle feeding
- ⇒ Safe formula preparation
- ⇒ Introducing first solid foods
- ⇒ Information on breastfeeding, medications, and substances
- ⇒ Breastfeeding after going back to school or work

South Vancouver Island Aboriginal Infant Development Program

Aboriginal Infant Development Program is:

- For children from birth to 6 years old
- Culturally sensitive
- Family centred and voluntary
- Infant Massage
- Cultural Groups
- Play Groups
- Breastfeeding Support



Program at a Glance

AIDP supports families by offering

- Home visits
- Activity planning to support infant growth and development
- Development screening and assessment
- Resource information
- Referrals to community agencies and health services
- Service coordination to support children's needs



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