



YOUNG WARRIORS PROGRAM

The 6-week empowerment Program for kids ages 7-12

TOPICS COVERED:

- Coping with Strong Emotions
 - Standing up to Bullies
 - Healthy Relationships
 - Expressing Boundaries
 - Health & Wellness
 - Connecting to Culture

Participants will receive a certificate upon completion

Due to COVID-19, this program may be conducted virtually.
if technology is an issue, please let us know

Next intake is for February 1st 2021

For more information, contact the Victoria Native Friendship Centre
231 Regina Ave, Victoria, BC. V8V 1J6

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