

ECD PROGRAMMING



ECD SEPTEMBER 2019

10 am –1pm

Lunch 12 –1

MONDAY: Craft — Cedar Weaving
Free play for children

Moe the Mouse 10:30 am on last week of the month

FIT and FITNESS 1pm—2pm Stretching, Walking, Running, Fitness Support

TUESDAY: Parent/caregiver child drop in free play

WEDNESDAY: Health talks, Public Health Nurse present to answer questions.

Last Wednesdays of the Month is Baby Sign Language with Candice and Kristen
Moe the Mouse will be at 10:30 am

PRE-NATAL: Support and education/information for pre and post natal women

THURSDAY: ECD is located at Siem Lelum 120 Gorge Rd East. Come join us there. Cedar Weaving

FRIDAY: 10am– 11:30am Free play

***Immunizations are the First Wednesday of the Month.**

***Dietician –Third Wednesday of the month**

***Dental Hygienist - Last Wednesday of the month**

***Public Health Nurses come in every Wednesday**

Mon	Tue	Wed	Thu	Fri
2 VNFC CLOSED	3	4 IMMUNIZATIONS	5 SIEM LELUM	6
9 CEDAR WEAVING	10	11	12 SIEM LELUM	13
16 CEDAR WEAVING	17	18 MOE THE MOUSE DIETICIAN	19 SIEM LELUM	20
23 CEDAR WEAVING	24	25 DENTAL HYGIENIST BABY SIGN LANGUAGE	26 SIEM LELUM	27
30 CEDAR WEAVING				

OUR ECD TEAM

REBECCA M.—PROGRAM MANAGER
AMAL A.—CAPC/ FAMILY SUPPORT WORKER
TRYNN B.—MALE FAMILY SUPPORT WORKER
CANDICE M- FAMILY SUPPORT WORKER

The Victoria Native Friendship Centre
231 Regina Ave Victoria, BC V8Z 1J6
250-384-3211

