

SUPPORT PROGRAMS

ABORIGINAL HEALTH OUTREACH WORKERS

We Can Help With:

- Access health services that you need to improve or maintain your health, or the health of a family member.
- Advocate on your behalf within the health system - doctors, nurses, social workers and other health care professionals.
- Federal non-insured health benefits funding for services, equipment and medications.
- Booking appointments and transportation to appointments.
- Information sharing and education on health issues and concerns.
- Community work to provide effective health care.
- Workshops on HIV/AIDS, Diabetes & Nutrition or regional health services.
- Home visits to help with choosing the right foods and meal planning

We are available to help all Aboriginal people living in the southern Vancouver Island, or those accessing health services of the Vancouver Island Health Authority - South Island.

ADDICTIONS COUNSELLOR &

ELDER

This Position Provides:

- One on one counseling for addictions issues.
- Support and referral services.
- Extensive knowledge of the twelve step program by a Namgis Elder

ADDICTIONS WORKER

This Position Provides:

- Initial engagement around addictions issues.
- Education on addiction awareness and options.
- Setting up appropriate referrals.
- Acting as a liaison with various community services .
- Ongoing support in all stages of change

HOSPITAL LIAISON WORKER

The Hospital Liaison Worker can help you and your family when you are in the hospitals of the Vancouver Island Health Authority - South Island.

We Can Help With:

- Supporting you and your family through illness
- Linking you with community and health care resources
- Working with community to provide effective care after you have left the hospital
- Advocating for you and your family within the hospital and health care system

MENTAL HEALTH LIAISON

The Mental Health Liaison is available to all people, in your home or community.
We Can Help With:

- Community awareness on mental health
- Materials for education on mental health
- Advice on appointments & scheduling
- Referrals to appropriate care providers
- Support for you and your family
- Counseling for you and your family
- Advocacy in dealing with representatives in the mental health system

ABORIGINAL HEALTH CLINIC

The clinic provides physician services to all Aboriginal people on the South Island.

For clinic hours and locations, or to make an appointment, please call:
250-385-1466 / 250-384-3211



VICTORIA NATIVE
FRIENDSHIP CENTRE

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ABORIGINAL
HEALTH SERVICES



VICTORIA NATIVE
FRIENDSHIP CENTRE

*Over 35 years of
dedicated service to
Greater Victoria
communities*