

ECD PROGRAMMING



ECD FEBRUARY 2019

10 am –1pm

Lunch 12 –1

MONDAY: Craft—BABY/CHILD MOCCASIN MAKING

Free play for children

**FIT and FITNESS—1pm –2pm—
Stretching , Walking, Running, Fitness Support**

TUESDAY: Parent/ caregiver child drop in free play

WEDNESDAY: Health talks, Public Health Nurse present to answer questions.

PRE-NATAL– Support and education/ information for pre and post natal women

THURSDAY: ECD is located at Siem Lelum 120 Gorge rd East. Come join us there.!
Moccasin Making

**FRIDAY: 10am– 11:30am Free play
12—Community Lunch**

***Immunizations are the First Wednesday of the Month.**

***Dietician –Third Wednesday of the month**

***Dental Hygienist - Last Wednesday of the month**

Mon	Tue	Wed	Thu	Fri
				1 ECD CLOSED
4 MOCCASIN MAKING	5	6 Immunizations	7 SIEM LELUM	8
11 LIBRARIAN MOCCASIN MAKING	12 VALENTINES DAY CRAFT	13	14 SIEM LELUM	15
18 STAT FAMILY DAY VNFC CLOSED	19	20 DIETICIAN	21 GOLDSTREAM PARK FIELD TRIP	22 ECD CLOSED
25 MOCCASIN MAKING	26	27 DENTAL HYGIENIST	28 SIEM LELUM	

OUR ECD TEAM

REBECCA M.—PROGRAM MANAGER
AMAL A.—CAPC/ FAMILY SUPPORT WORKER
TRYNN B.—MALE FAMILY SUPPORT WORKER
CANDICE M- FAMILY SUPPORT WORKER

The Victoria Native Friendship Centre
231 Regina Ave Victoria, BC V8Z 1J6
250-384-3211

